

HIP HOP



- ★ Students will warm-up by doing basic isolation skills and stretching to prevent injury
- ★ Students will establish grounded movement qualities across the floor and sequences of choreography in the center working on precision and rhythm
- ★ Students may also be asked to work on stalls, kips, and other fun tricks!

Classes Offered

WEDNESDAY 5:30-6:15
(Jazz/HipHop combined)
Rising Stars with Harley

WEDNESDAY 6:15-7:00
(Jazz/HipHop combined)
Protostars with Dani

WEDNESDAY 6:30-7:30
Super Novas with Elisha

WEDNESDAY 7:30-8:15
Super Stars with Elisha