

BALLET/POINTE



- ★ Dancers will concentrate on proper alignment, turnout, terminology, and style
- ★ A typical ballet class starts with barre, following with center, adagio, allegro and reverence
- ★ Ballet is the foundation of dance and fundamentals will be taught using basic technique

Classes Offered

*THURSDAY 4:30-5:30 Pointe with Larissa

THURSDAY 4:30-5:30 Prepointe Superstars with Bethany

THURSDAY 5:30-6:30 Ballet Novas with Larissa

THURSDAY 5:30-6:30 Superstars with Bethany

THURSDAY 6:30-7:15 Ballet Protostars with Bethany

THURSDAY 7:15-8 Ballet Rising Stars with Bethany

*- SIGNIFIES INSTRUCTOR APPROVAL